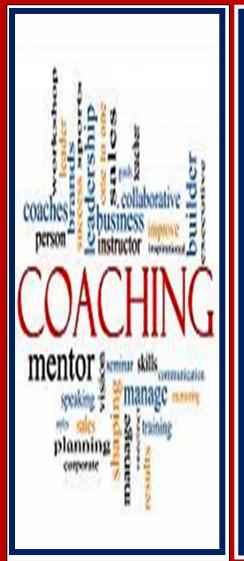
COACHING



When you decide to change your old way and achieve success...You need to be Coached or you need to be Coached to decide.....



Managing and Coaching

The key challenge for managers is to separate their management role from their coaching role.

Workplace and sport coaching

Although coaching in the workplace is just as important as coaching in sport, the approach is different. Sports coaches mentor their athletes, using technical skills, experience, and a "telling" style of direction. By contrast, questioning and reflection are often more important in workplace coaching.

Coaching is about confidentiality and trust

Coaching can be successful only if coachees are able to discuss every aspect of an issue or challenge with their coach. The coach may need to listen to personal problems or private information that must be kept confidential. (Unless, of course, it involves criminal activity or activities harmful to the team, its clients or the organization; or affects the safety and welfare of other people.)

The best solution comes from the team of coachees

This may sound unusual, but it means that the background of an issue and the options available are generally known to the coachee. The coach's job is to ask the right questions to help coachees arrive at their own conclusions. As we've said before, this is a very powerful way of helping people to change. Of course, the coach can provide helpful input or suggestions, but the best answers usually come from the coachee.

We look forward to helping you deal with issues and challenges before they become major problems.

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